

Better HEALTH

Promote.
Preserve.
Restore.



A VISION FOR THE FUTURE.

Kirk Ray, CEO of DeKalb Health, poses with Ball State students and faculty, who visited DeKalb Health as part of an innovative, immersive workshop examining the future possibilities for DeKalb Health and its role in our community.

IN THIS ISSUE

In this issue of Better Health, we talk about the immersive workshop Ball State students and faculty held in June, working closely with DeKalb Health and members of the community about how facility design and layout can positively impact the role our campus plays in the future. We also celebrate the recognition from several national organizations for the training and skill of our staff, as well as our efforts to promote a healthy lifestyle; we welcome a new member to our team in Garrett; and share some details about yet another successful golf outing and the money it raises for scholarships through the DeKalb Health Foundation.

HELPING YOU FIND YOUR WAY

We've done a little redecorating in and around the DeKalb Health campus recently - all designed to make it as easy as possible for visitors to get where they need to go quickly and easily. This is why we recently installed new signage throughout the campus, providing visitors a more aesthetically pleasing and color-coded entrance system.

Each color on the coded signage reflects a different branch of our core services: Teal is for inpatient services; yellow is for physician services; purple is for outpatient services; and red is for emergency. In fact, to make it even clearer for those who may be in an emergency situation, there are red streaks painted in our parking lot directing people to the emergency room entrance.

The new signs emphasize safety, quality, and efficiency, just like the services they direct visitors and patients to. For those new to our campus or those who may need a reminder, we hope they will be a useful tool for eliminating confusion. For more information, consult the map below or visit dekalbhealth.com.



GOLF OUTING

DeKalb Health celebrated the 2012 Annual Charity Golf Classic on June 5th.

More than 100 golfers helped us raise over \$30,000 for the DeKalb Health Foundation, which helps provide scholarship assistance in the medical field as well as help us purchase vital equipment, recruit physicians and expand. It was a successful day at the Bridgewater Golf Club, capped with dinner and awards and each golfer walking away with a souvenir gift and door prize.

SCHOLARSHIPS

Awarded \$20,000 to 18 students
2 - \$2,000 • 16 - \$1,000

DEKALB HIGH SCHOOL

Braden Bassett
Brittni Beerman
Carrissa Gaff
Leah Getts
Nicholas Sutton

GARRETT HIGH SCHOOL

Jacob Stafford

COLLEGE STUDENTS

Leah Moughler
Audrey Aldrich
Joshua Martin
Hannah Cyran
Melissa Johnson
Tia Schrader
Anne Kaufman
Kayleigh Warner

EASTSIDE HIGH SCHOOL

Jhala Gerardot
Jessica Miller
Chase Rayle
Libby Yoder

CONTACT US

Send Inquires to info@dekalbhealth.com or call:

MEDICAL SERVICES

AMBULANCE

Anticoagulation Clinic Services
Cardiopulmonary Rehabilitation Services
Diabetes Management Services
Home Health and Hospice Services
Imaging and Radiology Services
Laboratory Services Auburn - Main Hospital
Laboratory Services Butler
Laboratory Services Garrett
Nutrition Services
Obstetrical Services
Occupational Therapy Services
Physical Therapy
Respiratory Services
Sleep Diagnostic Services
Speech Therapy
Surgical Services
Wellness Services

DIRECT LINE 911

260.920.2738
260.920.2571
260.920.2652
260.925.8699
260.920.2513
260.920.2602
260.868.0502
260.357.0380
260.920.2651
260.920.2510
260.920.2632
260.920.2632
260.920.2574
260.920.2574
260.920.2632
260.920.2639
260.920.2812

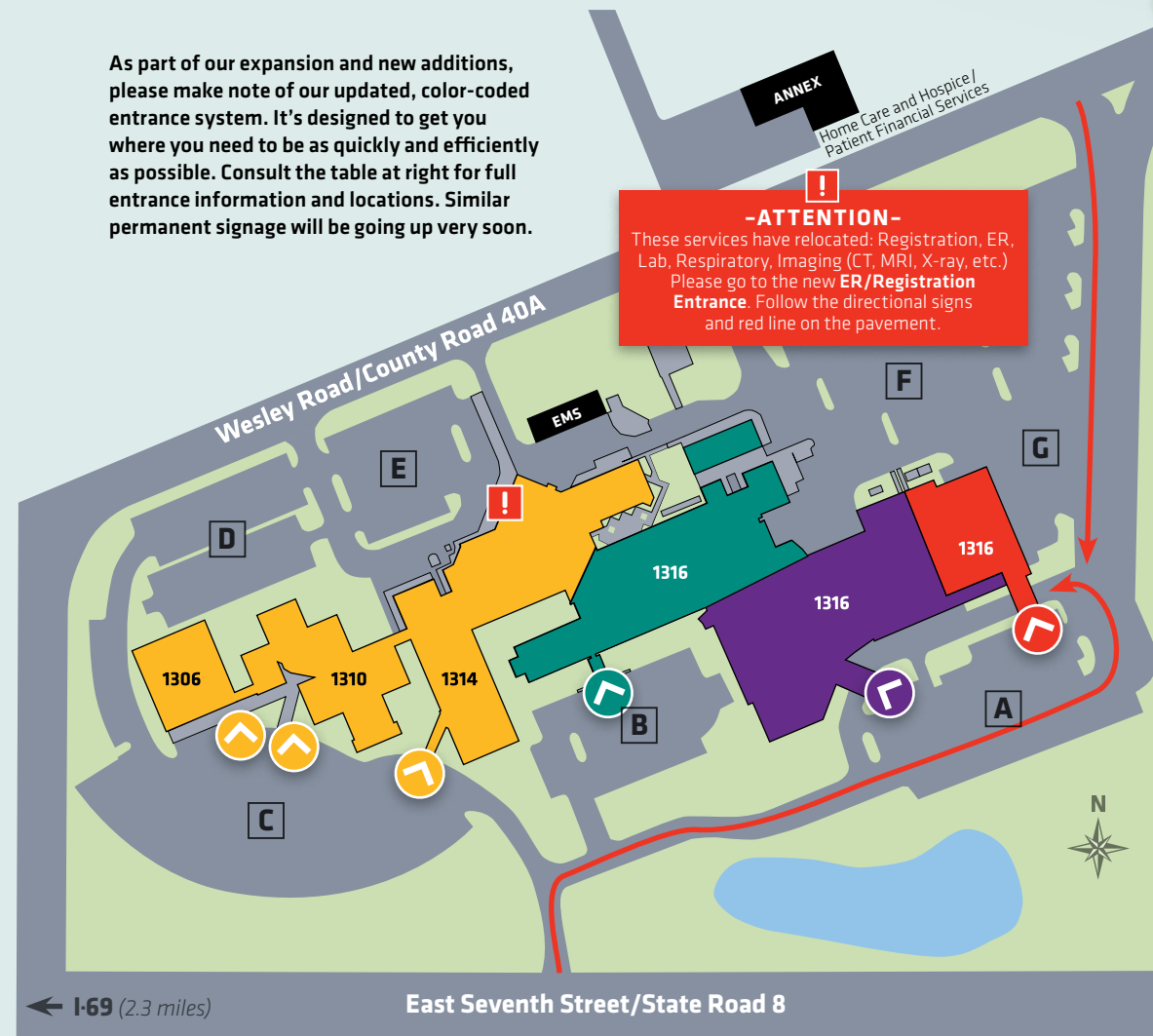
MAIN HOSPITAL

Administration
Admitting, Registration and Patient Access
Billing and Insurance
Community Services
CPR and First Aid Education
DeKalb Health Foundation
Gift Shop
Media Inquiries
Outpatient Clinic Scheduling
Patient and Guest Relations
Patient Condition
Physician Referral
Prenatal Breastfeeding Education
Release of Medical Information
Support Group Information

260.925.4600

260.920.2501
260.920.2603
260.920.2850
260.920.2518
260.920.2701
260.920.2048
260.920.2553
260.920.2555
260.920.2741
260.920.2518
260.920.2518
260.920.2556
260.920.2510
260.920.2749
260.920.2518

As part of our expansion and new additions, please make note of our updated, color-coded entrance system. It's designed to get you where you need to be as quickly and efficiently as possible. Consult the table at right for full entrance information and locations. Similar permanent signage will be going up very soon.



-ATTENTION-

These services have relocated: Registration, ER, Lab, Respiratory, Imaging (CT, MRI, X-ray, etc.) Please go to the new ER/Registration Entrance. Follow the directional signs and red line on the pavement.

DEKALB HEALTH

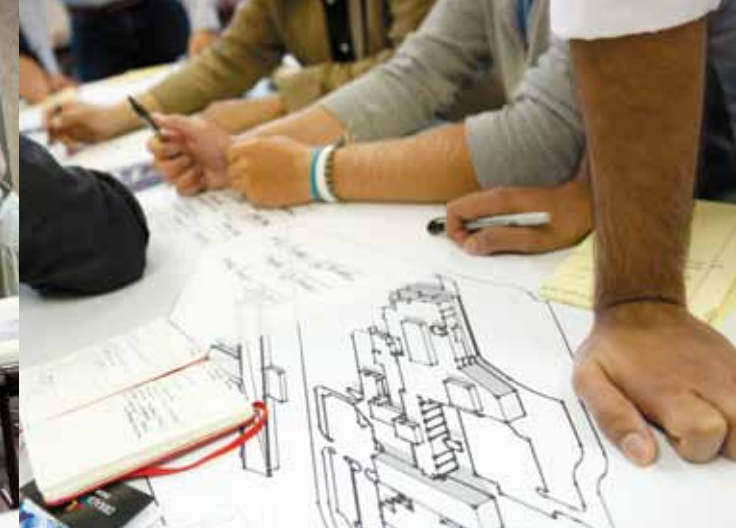
- **1306 EAST SEVENTH STREET**
Physician Office Entrance 1306
Physician Offices, A-D
- **1310 EAST SEVENTH STREET**
Physician Office Entrance 1310
Specialty Clinics, A-E
Business Health Services, F
Physician Offices, G-M
- **1314 EAST SEVENTH STREET**
Physician Office Entrance 1314
PharmaCare/Physician Offices, 100 level
Physician Offices, 200 level
Conference Room, 300 level
- **1316 EAST SEVENTH STREET**
Inpatient/Visitor Entrance
1st floor: Administration Offices
Cafeteria/Snack Bar/Gift Shop
2nd floor: ICU/OB Patients/Speech
Therapy/Wound Care Clinic/
Oncology Clinic
3rd floor: Med Surg Patients
- **1316 EAST SEVENTH STREET**
Rehab/Surgery Entrance
1st floor: Rehabilitation/Wellness
Physician Offices 1,2,3
ISS/FWO/PPG-OBGYN
Lutheran Heart Cath Lab
2nd floor: OB/Family BirthPlace
3rd floor: Surgery
- **1316 EAST SEVENTH STREET**
ER/Registration Entrance
(follow →)
1st floor: ER/ExpressCare
2nd floor: Registration / Lab / Respiratory /
Imaging (X-Ray, CT, MRI, Mamma, etc.)



DEKALB HEALTH PHARMACARE

Since 1992, DeKalb Health PharmaCare has been a tremendous asset to the community, providing complete pharmaceutical services on the DeKalb Health campus. PharmaCare is a full-service retail pharmacy, featuring over-the-counter items, vitamins and natural supplements, orthopedic supports and breastfeeding supplies. PharmaCare also offers prescription compounding and customized medications for those seeking to avoid sugar, preservatives, dye or lactose. Most insurance plans are accepted, including Medicare Part D and Medicaid.

PharmaCare is conveniently located on the 1st floor of DeKalb Health, within the Physician Office Building Entrance #1314
260.925.8000 · Free delivery in Auburn, Garrett and Waterloo
Monday - Friday: 9 a.m. - 6 p.m. | Saturday: 9 a.m. - 12 noon



LOOKING TOWARD THE FUTURE

What could the DeKalb Health campus of the future look like? How could our campus further strengthen its connection to our community and region? And, most importantly, what role should DeKalb Health play as part of our community in the future?

These questions – and more – were front and center as DeKalb Health had the privilege of taking part in an innovative and unique workshop facilitated by faculty and students from Ball State University.

Focus groups with community leaders, combined with extensive research, helped guide students and faculty as they developed visual ideas and renderings of what a DeKalb Health campus of the future could look like.

Through the intensive, three-day event, known as Charrette Workshop, DeKalb Health welcomed eight graduate students from Ball State's prestigious College of Architecture and Planning (CAP) as well as four faculty members. Generally, the purpose of the BSU Charrette Workshop is to act as a vehicle to respond to community-defined issues, problems and potentials. Specifically for DeKalb Health and Auburn, this workshop looked at asking – and providing potential answers to – the important questions about what role facility design, layout and function can play in our vital mission as a health and wellness provider in our community. BSU students and faculty have conducted Charrette workshops in more than 50 communities throughout the state of Indiana; this, however, was one of the first it's conducted for a health care facility.

“Health care is such a huge topic and plays such an important role in any community,”

“With this workshop, we were excited about the chance to explore the idea of healthy living for a community and how DeKalb Health can impact that. Can you make the campus a healthy destination, a place you go to when you're healthy, not just when you're sick? What features could make this possible? This is a big part of what we were exploring.”

The Charrette Workshop at DeKalb Health began with an extensive, guided tour of Auburn and surrounding DeKalb County for the faculty and students, during which they learned about the city, its rural areas and community demographics. After that, members of the workshop team led and participated in a number of ongoing interviews and focus groups with a diverse collection of community members.

“Health care is such a huge topic and plays such an important role in any community,” explained Harry Eggink, a BSU CAP faculty member who helped lead the workshop.



These interviews and focus groups covered a range of topics and questions, all seeking out broad input and insights about how the DeKalb Health of the future will look, feel and integrate into the community. Based on that community input and any consensus that may arise from it, the workshop team prepared and presented a series of conceptual renderings. These visual renderings presented potential ideas on what future improvements and enhancements to DeKalb Health – as well as to Auburn and surrounding DeKalb County – could look, feel and operate. After two full days of meetings, interviews and focus groups, what emerged is a potential vision for our hospital and community and an invaluable experience for this group of CAP students.

“It truly is a life-changing experience for these students,” Michel Mounayar, another CAP faculty member, explained.

“We hope the experience is valuable for this community as well. We came in with no preconceptions and worked to answer one overarching question – ‘What are the opportunities for the future of this institution?’ We certainly see many promising and important opportunities for the future of DeKalb Health in this community.”

Interested members of our community can join us for a public meeting to review the ideas and designs of the Charrette workshop. The date and location of the meeting is yet to be determined; please keep checking at DeKalbHealth.com to learn more.

We came in with no preconceptions and worked to answer one overarching question – ‘What are the opportunities for the future of this institution?’

EARNING OUR ACCOLADES

We were honored and excited to be recognized by several organizations for our efforts to provide the community the most comprehensive and advanced care we can. Read about them below.



WELCOME TO DEKALB HEALTH KRISTI KING, NP-C

We are pleased to welcome Kristi A. King, NP-C to DeKalb Health Medical Group. She brings nearly 15 years of extensive experience working with women and the health care concerns unique to them to DeKalb Health and our patients.

King is certified in the insertion of intrauterine devices and has vast experience in diabetes education, which has qualified her to instruct patients on diet and disease management. She has been a nurse practitioner since 2004 and is a member of the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN) and the American Academy of Nurse Practitioners (AANP).

Through Kristi's many years of experience, which includes serving as faculty at the University of Saint Francis Nursing Program, she has proven her commitment to patient education and care. Her experience, expertise and commitment to patient care are all big reasons why we are excited to welcome her to the Garrett office, where she will be providing support to family medicine physician Dr. Bret Kueber.

To schedule an appointment with Kristi, please call 260.357.6557.



CHEST PAIN CENTER

We are pleased to announce that the Society of Chest Pain Centers recognized DeKalb Health with coveted Chest Pain Center Accreditation. The Society of Chest Pain Centers, an international not-for-profit organization that focuses on helping facilities to create excellence in quality, cost, and patient satisfaction, supports hospitals to bridge existing gaps in cardiovascular care by providing tools, education, and support.

To become an Accredited Chest Pain Center, DeKalb Health engaged in a rigorous reevaluation and refinement of its cardiac care processes. We worked to integrate proven successful practices, reduce the time from onset of symptoms to diagnosis and treatment, and to overall improve the entire continuum of care for our patients. This was a long process that included focal points such as dispatch, Emergency Medical System, emergency department, cath lab, our quality assurance plan and our community outreach program.

Ultimately, and most importantly, as an Accredited Chest Pain Center, DeKalb is now more completely able to assure our patients they will receive the treatment they need during such a critical time right here in DeKalb County. Now, anyone who arrives at DeKalb suffering from chest pains or other symptoms of a heart attack will receive a more enhanced quality of care. This accreditation is just one more way that we can demonstrate our commitment to higher standards.

FIT FRIENDLY COMPANY

DeKalb Health's hard work and commitment to improving employee's health has earned us a Gold Achievement Award from the American Heart Association (AHA). We were one of only 230 companies in AHA's 11-state Midwest Affiliate to earn Gold-Level Start! Fit Friendly Company status. This award recognizes our continued focus on employee health, which includes offering physical activity options in the workplace, increasing the healthy eating options, and promoting a wellness culture. Promoting health and wellness is an essential part of DeKalb's mission, and with this Gold Achievement Award we have shown the continuation of this mission within our own organization.



2012 R.I.S.E. AWARD

DeKalb Health has been selected as a recipient of the 2012 Rural Indiana Smoke-Free Environment Award (R.I.S.E.). We are excited to receive this joint award presented annually by the Tobacco Prevention and Cessation Commission and the Indiana Rural Health Association.

This honor acknowledges smoke-free health care facilities that serve Indiana's rural populations. Specifically, it acknowledges DeKalb Health's efforts to lead people toward a healthier lifestyle. We are proud to have received this recognition of the leadership we provide in the attempts to build a healthier, smoke-free community.



DEKALB HEALTH

Promote. Preserve. Restore.

Auburn Arts Commission, Inc.
in partnership with the
DeKalb County Soil & Water
Conservation District Presents:

Art in Agriculture - Conservation as Art

Featuring works by National Geographic
Photojournalist Jim Richardson

August 5 to September 23, 2012

Exhibit at DeKalb Health - North Lobby

For more information contact:
auburnarts@aol.com or
visit dekalbhealth.com

1316 East
Seventh Street
Auburn,
Indiana 46706

WELLNESS CENTER FITNESS CLASSES: The DeKalb Health Wellness Center offers a host of affordable fitness and wellness classes for all levels of skill and experience, from beginner to advance, including pilates, yoga, Zumba®, cycling, stretch, tone and flex. Get the full schedule at dekalbhealth.com.

JULY

JUL. 2, 9, 16, 23, 30 Community Grief and Loss Support Group

Every Monday (including holidays) 6:30 p.m. to 8 p.m. Sponsored in part by DeKalb County Council on Aging Heimach Senior Activity Center 1800 E. 7th St., Auburn Contact DeKalb Health Home Care and Hospice 260.925.8699

JUL. 11 Shots For Tots (Free Infant / Child Immunization Clinic)

Wednesday, 1 p.m. - 4:30 p.m. DeKalb County Health Dept. 220 E. 7th St., Auburn Requirements: Infant to age 18. Shot record. Must be accompanied by parent or legal guardian. Contact DeKalb County Health Department at 260.925.2220

JUL. 16 Multiple Sclerosis Support Group

Monday, 7 p.m. Program: MS Drugs and Therapies DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Contact Neal Esselburn at 260.637.3820

JUL. 17 CPR/First Aid

Tuesday, 6 p.m. - 10 p.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Registration required, contact Doug Taylor at 260.920.2701

JUL. 18 Healthcare Provider CPR

Wednesday, 7:30 a.m. - 11:30 a.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Registration required, contact Doug Taylor at 260.920.2701

JUL. 20 ACLS Provider Class

Friday, 8 a.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Registration required, contact Jerry Schwartz at 260.920.2766

JUL. 20 Hip on Hep Support Group

Friday, 6 p.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Contact Christie Soaper at 260.927.8180

JUL. 21 Charcot-Marie-Tooth Support Group

Saturday, 2 p.m. - 4 p.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Contact Doug Priscilla Creaven at 260.925.1488 or pmcreaven@aol.com

JUL. 23, 24, 25 Prenatal Education

Monday, Tuesday, Wednesday 1 p.m. - 4 p.m. Family BirthPlace at DeKalb Health Conf. Rm., 2nd Floor 1316 E. 7th St., Auburn Fee \$20. Need-based financial assistance available. Registration required, contact Julie Wagner at 260.920.2780

JUL. 23 "Have You Been Carded?" Medication List Program

Free program offering assistance to fill out medication card or update listings Monday, 8:30 a.m. to 10 a.m. (4th Monday of every month) Heimach Senior Activity Center 1800 E. 7th St., Auburn Contact Vickie Faux, RN, CDE, WCC at 260.920.2652

JUL. 30 Breastfeeding Education

Monday, 6 p.m. - 8 p.m. Family BirthPlace at DeKalb Health Conf. Rm., 2nd Floor 1316 E. 7th St., Auburn Fee \$5. Need-based financial assistance available. Registration required, contact Julie Wagner 260.920.2780

AUGUST

AUG. 5-SEPT. 23 "Art in Agriculture - Conservation as Art"

Take a closer look above for more information

AUG. 6, 13, 20, 27 Community Grief and Loss Support Group

Every Monday 6:30 p.m. to 8 p.m. Sponsored in part by DeKalb County Council on Aging Heimach Senior Activity Center 1800 E. 7th St., Auburn Contact DeKalb Health Home Care and Hospice 260.925.8699

AUG. 8 Shots For Tots (Free Infant / Child Immunization Clinic)

Wednesday, 1 p.m. - 4:30 p.m. DeKalb County Health Department 220 E. 7th St., Auburn Requirements: Infant to age 18. Shot record. Must be accompanied by parent or legal guardian. Contact DeKalb County Health Department at 260.925.2220

AUG. 14 Diabetic Support Group Sponsored in part by DeKalb County Council on Aging

Tuesday, 6:30 p.m. Program: Charles Wiggins, A1C Champion Heimach Senior Activity Center 1800 E. 7th St., Auburn Contact Vickie Faux at 260.920.2652 or Meg Zenk at 260.925.3311

AUG. 17 Hip on Hep Support Group

Friday, 6 p.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Contact Christie Soaper at 260.927.8180.

AUG 18 Charcot-Marie-Tooth Support Group

Saturday, 2 p.m. - 4 p.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Contact Doug Priscilla Creaven at 260.925.1488 or pmcreaven@aol.com

AUG. 20 Multiple Sclerosis Support Group

Monday, 7 p.m. Program: NMS Video Mood Changes & MS DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Contact Neal Esselburn at 260.637.3820

AUG. 21, 22, 23 Prenatal Education

Tuesday, Wednesday, Thursday, 6 p.m. - 9 p.m. Family BirthPlace at DeKalb Health Conf. Rm., 2nd Floor 1316 E. 7th St., Auburn Fee \$20. Need-based financial assistance available. Registration required, contact Julie Wagner at 260.920.2780

AUG. 21 CPR/First Aid

Tuesday, 6 p.m. - 10 p.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Registration required, contact Doug Taylor at 260.920.2701

AUG. 22 Healthcare Provider CPR

Wednesday, 7:30 a.m. - 11:30 a.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Registration required, contact Doug Taylor at 260.920.2701

AUG. 27 Breastfeeding Education

Monday, 6 p.m. - 9 p.m. Family BirthPlace at DeKalb Health Conf. Rm., 2nd Floor 1316 E. 7th St., Auburn Fee \$5. Need-based financial assistance available. Registration required, contact Julie Wagner at 260.920.2780

AUG. 27 "Have You Been Carded?" Medication List Program

Free program offering assistance to fill out medication card or update listings Monday, 8:30 a.m. to 10 a.m. (4th Monday of every month) Heimach Senior Activity Center 1800 E. 7th St., Auburn Contact Vickie Faux, RN, CDE, WCC at 260.920.2652

SEPTEMBER

SEP. 3, 10, 17, 24 Community Grief and Loss Support Group

Every Monday (including holidays) 6:30 p.m. to 8 p.m. Sponsored in part by DeKalb County Council on Aging Heimach Senior Activity Center 1800 E. 7th St., Auburn Contact DeKalb Health Home Care and Hospice 260.925.8699

SEP. 6 Celiac Support Group

Thursday, 6:30 p.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Contact Anna Hartman at 260.925.6058

SEP 10, 12, 17, 19, 24 Adult Smoking Cessation (Five-session class)

American Lung Association's "Freedom from Smoking" 5 p.m. - 6:30 p.m., Fee \$54 Medical Arts Center East, Conf. Rm. 303 1314 E. 7th St., Auburn Registration required, call 260.920.2571

SEP. 12 Shots For Tots (Free Infant / Child Immunization Clinic)

Wednesday, 1 p.m. - 4:30 p.m. DeKalb County Health Dept 220 E. 7th St., Auburn Requirements: Infant to age 18. Shot record. Must be accompanied by parent or legal guardian. Contact DeKalb County Health Department at 260.925.2220

SEP 15 Charcot-Marie-Tooth Support Group

Saturday, 2 p.m. - 4 p.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Contact Doug Priscilla Creaven at 260.925.1488 or pmcreaven@aol.com

SEP. 17 Multiple Sclerosis Support Group

Monday, 7 p.m. Program: Diet and MS DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Contact Neal Esselburn at 260.637.3820

SEP. 18 CPR/First Aid

Tuesday, 6 p.m. - 10 p.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Registration required, contact Doug Taylor at 260.920.2701

SEP. 19 Healthcare Provider CPR

Wednesday, 7:30 a.m. - 11:30 a.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Registration required, contact Doug Taylor at 260.920.2701

SEP. 21 ACLS Provider Class

Friday, 8 a.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Registration required, contact Jerry Schwartz at 260.920.2766

SEP. 21 Hip on Hep Support Group

Friday, 6 p.m. DeKalb Health Office Building #1314, Conf. Rm. 303 1314 E. 7th St., Auburn Contact Christie Soaper at 260.927.8180

SEP. 22 Prenatal Education

Saturday, 9 a.m. - 4 p.m. Family BirthPlace at DeKalb Health Conf. Rm., 2nd Floor 1316 E. 7th St., Auburn Fee \$20. Need-based financial assistance available. Registration required, contact Julie Wagner at 260.920.2780

SEP. 24 Breastfeeding Education

Monday, 6 p.m. - 8 p.m. Family BirthPlace at DeKalb Health Conf. Rm., 2nd Floor 1316 E. 7th St., Auburn Fee \$5. Need-based financial assistance available. Registration required, contact Julie Wagner at 260.920.2780

SEP. 24 "Have You Been Carded?" Medication List Program

Free program offering assistance to fill out med. card or update listings Monday, 8:30 a.m. to 10 a.m. (4th Monday of every month) Heimach Senior Activity Center 1800 E. 7th St., Auburn Contact Vickie Faux, RN, CDE, WCC at 260.920.2652